

Miami View Lunch November 2022

Please note that due to severe supply conditions, menus may have to be changed without prior notice.

Thank you for your understanding

**Available Every Day - Fruit and Veggie Bar,
Alternate Entree- PBJ and Fruit or Vegetable
Low Fat Milk: Chocolate, and White
Grades 3-6 Pizza**

31 Spaghetti with Meat Sauce Breadstick Steamed Broccoli	November 1 Fiesta Sticks Corn	2 Hamburger / Cheeseburger Baked Beans	3 Chicken Nuggets Mashed Potatoes and Gravy	4 Pizza Day!
7 Mini Corn Dogs Steamed Broccoli	8 Soft Chicken Taco Refried Beans	9 Crispy Chicken Sandwich Green Peas	10 French Toast Sticks Chicken Sausage Hash Brown Wedge	11 Pizza Day!
14 Chicken Quesadilla Steamed Broccoli	15 Nachos Supreme Black Beans	16 Hot Dog Carrots w/ Ranch	17 Dutch Waffle Chicken Nuggets	18 Pizza Day!
21 Bosco Sticks Marinara Sauce Green Beans	22 Walking Taco Refried Beans	23 No School	24 No School	25 No School
28 Mini Pancake Wraps Steamed Broccoli	29 Fiesta Sticks Corn	30 Hamburger / Cheeseburger Baked Beans	December 1 Chicken Nuggets Mashed Potatoes and Gravy	2 Pizza Day!

**Daily options may include assorted fresh fruits and vegetables
Apples, Oranges, Clementines, Bananas, Baby Carrots, Grape Tomatoes, Broccoli and/or Cucumbers
Options may also include Applesauce Cups, Peach, Pear, or Strawberry Cups**

What Makes A Meal?

Lunch must contain a serving of fruit and/or vegetable and up to 2 servings of grain,
one serving meat/meat alternative and/or a serving of a variety of fluid milk

Lunch Prices: Student-\$3.25, Student Reduced-\$.40, Adult \$4.25

Applications for Free and Reduced Meals are available on Southeastern Schools web site at
<https://southeastern.familyportal.cloud> or at the school office

Please discuss any food allergy issues with your school nurse

This institution is an equal opportunity provider.