## Miami View Lunch November 2024

Please note that due to severe supply conditions, menus may have to be changed without prior notice.

Thank you for your understanding

Available Every Day - Fruit and Veggie Bar, Alternate Entree- PBJ and Fruit or Vegetable Low Fat Milk: Chocolate, and White Grades 3-6 Pizza

| 4 Bosco Sticks Marinara Sauce Steamed Broccoli          | 5<br>Nachos Supreme<br>Black Beans        | 6<br>Crispy<br>Chicken Sandwich<br>Carrots | 7<br>Mini Pancake Wraps<br>Hash Brown Wedge                | 8<br>Pizza Day!  |
|---|---|--|--|------------------|
| Spaghetti with Meat Sauce Breadstick Steamed Broccoli   | 12<br>Cheese Quesadilla<br>Glazed Carrots | Hot Dog<br>Baked Beans                     | 14 Dutch Waffle Chicken Nuggets                            | 15<br>Pizza Day! |
| 18<br>Mozzarella Sticks<br>Glazed Carrots               | 19<br>Walking Taco<br>Refried Beans       | 20<br>Calzone<br>Steamed Broccoli          | 21 French Toast Sticks Turkey Sausage Hash Brown Wedge     | 22<br>Pizza Day! |
| 25  Ham and Cheese  Hot Pocket  Glazed Carrots          | 26<br>Fiesta Sticks<br>Corn               | 27<br>No School                            | 28<br>No School  | No School        |
| December 2 Bosco Sticks Marinara Sauce Steamed Broccoli | 3<br>Nachos Supreme<br>Black Beans        | 4<br>Crispy<br>Chicken Sandwich<br>Carrots | Chicken Nuggets<br>Mashed Potatoes<br>Gravy<br>Dinner Roll | 6<br>Pizza Day!  |

Daily options may include assorted fresh fruits and vegetables

Apples, Oranges, Clementines, Bananas, Baby Carrots, Grape Tomatoes, Broccoli and/or Cucumbers

Options may also include Applesauce Cups, Peach, Pear, or Strawberry Cups

## What Makes A Meal?

Lunch must contain a serving of fruit and/or vegetable and up to 2 servings of grain, one serving meat/meat alternative and/or a serving of a variety of fluid milk

Lunch Prices: Student-\$3.70, Student Reduced-\$.00, Adult \$5.00

Applications for Free and Reduced Meals are available on Southeastern Schools web site at <a href="https://www.southeastern.familyportal.cloud">https://www.southeastern.familyportal.cloud</a> or at the school office

Please discuss any food allergy issues concerning your school nurse

This institution is an equal opportunity provider.