



October Lunch Southeastern Jr/Sr HS

Available Every
Day

September 21-25

September 28-
October 2

October 5-9

October 12-16

October 19-23

October 26-30

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Fruit and Veggie Bar, Pizza,				
Salisbury Steak Mashed Potatoes and Gravy	Calzone Pizza Sauce Green Beans	Gen Tso Bowl Brown Rice Steamed Broccoli	Walking Taco Black Beans	Spaghetti and Meatballs
Bosco Sticks	Chicken Strips Regular or Spicy Green Beans	Pizza Day!	No Classes	No Classes
Gen Tso's Chicken	Pulled Pork BBQ Sandwich Potato Wedges	Breakfast for Lunch French Toast Sticks Sausage Patty Hash Browns	Burger Bar	Rotini and Meatsauce Breadstick
Tomato Soup and Grilled Cheese	Cheese Quesadilla Green Beans	Mac and Cheese Bar	Soft Taco Black Beans	Dutch Waffle Popcorn Chicken
Trojan Bowl Corn	Bosco Sticks	Scrambled Egg, Sausage and Cheese Breakfast Sandwich Tater Tots	Volcano Nachos Black Beans	Pizza Day!
Bosco Sticks	Calzone Pizza Sauce Green Beans	Salisbury Steak Mashed Potatoes and Gravy	Walking Taco Black Beans	Meatball Subs

Daily options may include Assorted Fresh Fruits and Vegetables

Apples, Oranges, Bananas, Baby Carrots, Grape Tomatoes, Fresh Broccoli and/ or Fresh Romaine Lettuce

Assorted : 100% Fruit Juice and Low Fat Milk

Please discuss any food allergy issues concerning your student with your school nurse

Student Lunch Price \$4.25 Reduced Student Lunch Price \$.00. Adult Lunch Price \$5.25

USDA is an equal opportunity employer, provider, and lender

