

Miami View Lunch October 2024

Please note that due to severe supply conditions, menus may have to be changed without prior notice.

Thank you for your understanding

**Available Every Day - Fruit and Veggie Bar,
Alternate Entree- PBJ and Fruit or Vegetable
Low Fat Milk: Chocolate, and White
Grades 3-6 Pizza**

30 Chicken Tenders Sweet and Sour dipping sauce Brown Rice Steamed Broccoli	October 1 Fiesta Sticks Corn	2 Hamburger / Cheeseburger Baked Beans	3 Ham and Cheese Hot Pocket Green Beans	4 No School
7 Bosco Sticks Marinara Sauce Steamed Broccoli	8 Nachos Supreme Black Beans	9 Crispy Chicken Sandwich Carrots	10 Mini Pancake Wraps Hash Brown Wedge	11 Pizza Day!
14 Spaghetti with Meat Sauce Breadstick Steamed Broccoli	15 Cheese Quesadilla Glazed Carrots	16 Hot Dog Baked Beans	17 Dutch Waffle Chicken Nuggets	18 Pizza Day!
21 Mozzarella Sticks Glazed Carrots Dinner Roll	22 Walking Taco Refried Beans	23 Calzone Steamed Broccoli	24 French Toast Sticks Turkey Sausage Hash Brown Wedge	25 No School
28 Ham and Cheese Hot Pocket Glazed Carrots	29 Fiesta Sticks Steamed Broccoli	30 Hamburger / Cheeseburger Baked Beans	31 Salisbury Steak Mashed Potatoes, Gravy Dinner Roll	November 1 Pizza Day!

**Daily options may include assorted fresh fruits and vegetables
Apples, Oranges, Clementines, Bananas, Baby Carrots, Grape Tomatoes, Broccoli and/or Cucumbers
Options may also include Applesauce Cups, Peach, Pear, or Strawberry Cups**

What Makes A Meal?

Lunch must contain a serving of fruit and/or vegetable and up to 2 servings of grain, one serving meat/meat alternative and/or a serving of a variety of fluid milk

Lunch Prices: Student-\$3.70, Student Reduced-\$1.00, Adult \$5.00

Applications for Free and Reduced Meals are available on Southeastern Schools web site at <https://www.southeastern.familyportal.cloud> or at the school office

Please discuss any food allergy issues concerning your school nurse

This institution is an equal opportunity provider.